

# My Haiku Journal: A Poetic Journey for Friends, Folks, and Family



## My Haiku Journal: For Friends, Folks and Family

by Charles Bukowski

★★★★★ 5 out of 5

Language : English

File size : 1822 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Print length : 81 pages

Lending : Enabled

Screen Reader : Supported

Paperback : 124 pages

Item Weight : 6.4 ounces

Dimensions : 5.3 x 0.5 x 8.3 inches



My Haiku Journal is a guided journal that prompts you to write haikus about your friends, family, and the special people in your life. With space for 100 haikus, this journal is a unique and thoughtful way to express your love and appreciation for those you care about.

## What is a haiku?

A haiku is a three-line poem with a specific syllable count:

- Line 1: 5 syllables
- Line 2: 7 syllables
- Line 3: 5 syllables

Haiku poems are often about nature, but they can also be about anything that the poet finds beautiful or meaningful.

## **How to use this journal**

This journal is designed to be used over time. You can write a haiku about a different person each day, or you can write about the same person multiple times. There is no right or wrong way to use this journal. Simply let the words flow from your heart.

Each page of the journal includes a prompt to help you get started. The prompts are designed to be open-ended, so you can interpret them in any way that you like.

Here are a few examples of prompts:

- What qualities do you admire most about this person?
- What memories do you have of this person that make you smile?
- What do you hope for the future of this person?

Once you have chosen a prompt, simply start writing. Don't worry about making your haikus perfect. Just let the words come naturally.

## **The benefits of writing haikus**

Writing haikus can be a therapeutic and rewarding experience. Here are a few of the benefits:

- **Haikus help you to focus on the present moment.** When you are writing a haiku, you are forced to pay attention to the details of your

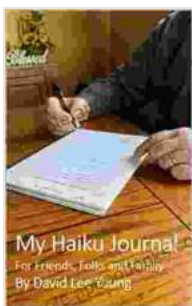
surroundings. This can help you to appreciate the beauty of the world around you.

- **Haikus help you to express your emotions.** Haiku poems are a great way to express your love, gratitude, and other emotions. Writing haikus can help you to process your emotions and to connect with your inner self.
- **Haikus help you to develop your creativity.** Writing haikus is a creative process. It can help you to develop your imagination and to see the world in a new way.

### **My Haiku Journal is the perfect gift**

My Haiku Journal is a thoughtful and unique gift for any occasion. It is a gift that will be cherished for years to come.

Free Download your copy of My Haiku Journal today and start your poetic journey!



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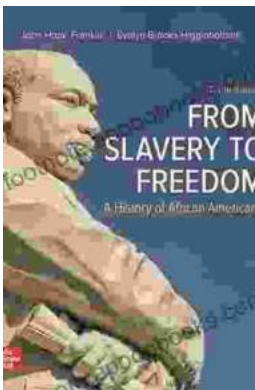
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