# Whom Not To Marry: Unmasking the Red Flags of Toxic Relationships

### **Empower Yourself and Protect Your Heart**

Are you ready to embark on a transformative journey that will empower you to make informed decisions in love and life? In 'Whom Not To Marry,' Dr. LeslieBeth Wish brings her decades of clinical experience to help you unmask the hidden signs of unhealthy relationships and protect your heart from toxicity.

Through real-life stories and cutting-edge research, Dr. Wish exposes the red flags that signal trouble ahead, empowering you to recognize and avoid partners who are emotionally abusive, narcissistic, or manipulative.



### Whom Not to Marry: Time-Tested Advice from a Higher

**Authority** by Martin Geck

★ ★ ★ ★ ★ 4.5 out of 5 : English Language : 504 KB File size Text-to-Speech : Enabled : Supported Screen Reader Enhanced typesetting: Enabled Word Wise : Enabled Print length : 240 pages Lending : Enabled



**Uncover the Hidden Signs of Unhealthy Relationships** 

- Constant criticism and belittling: A partner who constantly puts you down, makes you feel worthless, or undermines your confidence.
- Controlling behavior: A partner who tries to control every aspect of your life, from what you wear to who you see.
- Jealousy and possessiveness: A partner who is overly jealous or possessive, making you feel trapped and isolated.
- Gaslighting: A partner who tries to manipulate your reality, making you question your own sanity.
- Narcissism: A partner who is self-absorbed, lacks empathy, and uses you for their own gain.
- Emotional abuse: A partner who uses words or actions to hurt, humiliate, or intimidate you.
- Physical violence: A partner who uses physical force to control or harm you.

#### **Break the Cycle and Liberate Yourself**

Don't let fear or shame keep you trapped in an unhealthy relationship. 'Whom Not To Marry' provides a roadmap for breaking the cycle and liberating yourself from toxicity.

Dr. Wish guides you through the process of:

- Recognizing the red flags and understanding their significance.
- Overcoming self-doubt and the fear of being alone.
- Setting healthy boundaries and protecting your emotional well-being.

Healing from the trauma of an unhealthy relationship.

Finding lasting love and building a healthy, fulfilling partnership.

**Testimonials** 

"Whom Not To Marry' is a game-changer for anyone looking to navigate

the complexities of love and relationships. Dr. Wish's insights are invaluable

and have helped me identify potential red flags and avoid toxic partners." -

Marv. reader

"This book has empowered me to take control of my relationship and

protect myself from abuse. I highly recommend it to anyone who values

their emotional well-being." - John, reader

Free Download Your Copy Today

Don't miss out on this life-changing book. Free Download your copy of

'Whom Not To Marry' today and start your journey towards a love that is

healthy, fulfilling, and free from toxicity.

Click here to Free Download now

**About the Author** 

Dr. LeslieBeth Wish is a licensed clinical psychologist with over 20 years of

experience specializing in relationships, trauma, and self-esteem. She is

the author of several bestselling books, including 'He's Not That into You'

and 'Why Can't I Fall in Love?' Dr. Wish has been featured in numerous

media outlets, including CNN, The Today Show, and The New York Times.

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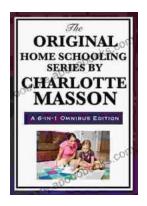


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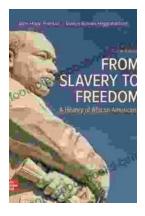


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